

Whilst You Are At Home

We are going to stay in touch



12th January 2021



HM Government

NHS

WASH



HANDS

COVER



FACE

MAKE



SPACE

Positive Message of the Week

Hello everyone!

So as you might be aware England, has had to go back into national Lockdown. This means we should not be leaving our homes without a very good reason, such as:

- An urgent doctors appointment
 - Buying food
- Going out locally to exercise once a day.

Please remember, it is not safe for you to be going outside to play with other children at the moment.

Remember we have done this before, so we can do it again.

If you are worried about anything please remember to talk to someone you trust.

Click Play - >

The Story of
2020

Personal Messages From Local PCSO



PCSO Di Wiggins Said...
"How lovely it was to
see all the bright
Christmas
decorations".



PCSO Karen Nixon: Said...
"She hopes you got something
nice for Christmas"



PCSO Nic Devey said...."I can't
wait to see all your posters in
your windows".



Online Safety



You are all smart children and we want you to remember the Online Safety message.

Lets all follow our **Golden Rules**

- **Keep your personal information secure**
- **Don't keep secrets from trusted adults**
- Don't share your passwords with anyone but your trusted adults
- **Its OK to say NO to Hugs, Tickling or Touching. Parts of our body are private**
- Never send anything you wouldn't say to someone in real life
 - **A stranger Online is still a stranger!**
 - Think before you post!
 - **Never agree to meet someone you have met Online!**
 - *Never send a picture of yourself*



Twitter @CheshrieSSYP

This weeks activity



We would love you to draw a picture or write about something special that happened over Christmas, for example:



A Christmas present
Your Christmas Tree
Spending time with a family member
Or a place you visited during this period



Maybe you could place your pictures and thoughts in you windows for passers by to enjoy

Until next Time 19th January 2021



- Keep washing your hands and remember hands, face and space.
 - Stay healthy by doing a bit of exercise every day.
- Keep positive by reminding yourself, You are an **Amazing Child**.

Carry On Doing Your Bit for Great Britain and the NHS

<https://www.o2.co.uk/help/nspcc/helpline>

Childline | Childline

1. <https://www.childline.org.uk>
2. Get help and advice about a wide range of issues, call us on 0800 1111, talk to a counsellor online, send **Childline** an email or post on the message boards

NSPCC Helpline
0808 800 5000

